

HAPPENINGS...at the Castle



Main Office:
(970) 348-5000

Attendance:
(970) 348-5014

[School Website](#)

[Calendar Site](#)

[Athletics Site](#)

November 2021 Greeley Central High School News

A MESSAGE FROM OUR PRINCIPAL

Dear Wildcat families and students,

Get ready for winter! We have completed our first 13 weeks of school, fall sports have come to an end, and our fantastic Fall play, *The Twelfth Night*, is in the books. Please go to our website to see important dates for November!

Our second round of parent teacher conferences is also in the books, but I want to ask parents to continue to remain up-to-date on your student's progress in classes. Questions you could be asking your student and/or his/her teachers are as follows:

- **How is your/my student's attendance?** *The number one cause of not being successful in class (or the workforce) is not attending! Don't assume. Please find out what your student's attendance is all about!*
- **Are you/is my student passing your class?** *Is my student going to be able to participate in Winter or Spring sports with the grades he/she currently has? Remember that a student must pass at least 5 classes AND can only fail one (1) class. Now is the time to get those assignments turned in and study for upcoming quizzes and tests.*
- **Is my student on track for graduation?** *Failing classes at any time can put students off track for their 4 year graduation. Parents of seniors, these are important conversations!*

Currently we have an unusual number of failing grades. As a result we are hosting after-school tutoring and we are adding extra dates for Saturday school to provide opportunities for your student to succeed. Please encourage your son or daughter to be working hard on earning credits this semester.

In addition, I am sharing with you a new bell schedule for the second semester. This schedule can be found on page 16 of this newsletter. Our teachers have had multiple discussions and meetings and feel like we have crafted a schedule that will help all students be more successful going forward.

...Continued on next page.

**Click Links Below
For More Info On:**

[Staff/Faculty List](#)

[Counseling Office](#)

[Families Menu](#)



Pride - Class - Dignity



Greeley Central High School | 1515 14th Avenue | Greeley, CO 80631



...Continued from previous page.

Other reasons for changing to a new schedule:

- Slows the day down--fewer passing periods, more instructional time.
- Student absences for illness, field trips, or recurring sports participation can be less impactful.
- A good transition from what kids were used to this year with the longer blocks of time.
- Schools report a reduction in behavior referrals in classes and after lunch.
- Teachers can progress through the entire teaching cycle in a block class.. This gives student the opportunity to take the time to process material.
- Longer class periods are good to complete longer projects, labs, etc.
- Promotes academic discourse, cooperative learning. etc.

Experts believe a block schedule creates a "saner school day" by slowing down the pace, reducing homework and freeing up more time for hands-on learning and collaboration - "the things that we know will make the learning stick better and take some of the pressure off students."

That new schedule is included in this newsletter and will also be in our December newsletter.

Please visit our website to get a snapshot of life at our school

(www.GreeleySchools.org/GreeleyCentral). Exploring our links, you'll find out more about curriculum, programs, and daily events at the Castle.

If you would like to contact me, my email is casmith@greeleyschools.org. You may also reach me by phone at 970-348-5009.

Kind Regards,

Cary Smith, Principal

PRIDE

CLASS

DIGNITY

2023 EUROPE TRIP INFORMATION

All are welcome to join us on our biennial trip to Europe in the summer of 2023.

- We will visit London, Paris, the Alps and Munich.
- Find information about our trip at <http://eftours.com/2461536AH>
- A parent meeting was held on Tuesday, October 5th at the school. If you were unable to attend this meeting and would like more information, please contact one of the following teachers:
 - Mr. Rohnke (krohnke@greeleyschools.org)
 - Mr. Burch (stburch@greeleyschools.org)
 - Mrs. O'Connell-Black (cblack@greeleyschools.org)



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PROGRAMS/PATHWAYS AT GREELEY CENTRAL

Please check out our different programs & pathways offered at Greeley Central High School.

Arts Magnet

- [Link to Brochure](#)
- [Link to Application](#)
- Contact Christy O'Connell-Black with questions
 - cblack@greeleyschools.org

Health Science Academy

- [Link to Brochure](#)
- [Link to Application](#)
- Contact Nathan Harvey or Phil Nance with questions
 - nharvey@greeleyschools.org
 - jnance@greeleyschools.org

Advanced Manufacturing

- [Link to Brochure](#)
- Contact Bill Alexander with questions
 - walexander@greeleyschools.org

Advanced Placement (AP) Programs

- [Link to Brochure](#)
- Contact Tom Frasier with questions
 - trasier@greeleyschools.org

AVID

- [Link to AVID Presentation Video](#)
- [Link to AVID Online Application](#)
- [Link to instructions to upload your video interview for AVID](#)
- Contact Emily Kirby with questions
 - ekirby@greeleyschools.org

Marketing/Business

- [Link to Brochure](#)
- Contact Aimee Nance with questions
 - anance@greeleyschools.org

Math

- [Link to Math Course Flow Chart](#)
- Contact Sean Miller with questions
 - smiller4@greeleyschools.org

Family & Consumer Science

- [Link to Brochure](#)
- Contact Lauren Appelhans or Jamie Valdez with questions
 - lappelhans@greeleyschools.org
 - jvaldez14@greeleyschools.org

Clubs/Organizations

- [Link to Google Slide Listing of Clubs](#)

Athletics

- [Link to Wildcat Coaches](#)

Other Information

- [Graduation Requirements \(Starting with Class of 2021\)](#)



KIDS EAT FREE

All kids ages 1-18 EAT FREE!. Locations and times are subject to change. Please check the D6 website and Facebook for the most current information. Click the links below for distribution locations & times.

- [KIDS EAT FREE INFORMATION](#)
- [D6 NUTRITION SERVICES FACEBOOK PAGE](#)



Upcoming Schedules

Complete School Activities: [CLICK THIS LINK](#)



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ARTS MAGNET INFORMATION

HOW TO BECOME AN ARTS MAGNET STUDENT...

- Want to know about the program from our students' perspective? [Watch this video to find out more about AMP!](#)
- Current Greeley Central students (9th-11th grade) still interested in applying to the Arts Magnet Program should email Mrs. O'Connell-Black at cblack@greeleyschools.org

COMMUNICATION...

- Join our closed Facebook group page: **Greeley Central Arts Magnet Program**
- We use the "REMIND" app to send you and/or your students important messages or reminders throughout the school year. Text the message @allartsm to the number 81010 to receive these messages.
- Please see the school webpage and the AMP page for information.
- Email Mrs. O'Connell-Black at cblack@greeleyschools.org with any questions about AMP at any time.

ALL ARTS CALENDAR...

- Click below to gain access to our 21-22 ALL ARTS CALENDAR! Things are changing constantly so stay tuned to the website: [Click here to access our full calendar](#)

SCHEDULES/CHANGE YOUR EMPHASIS...

- Please be sure you are checking your schedule for correct AMP classes.
- Want to change your emphasis, add an emphasis, or wish to drop the program?
 - Please complete [This Form](#).

GRADES/PROBATION/HANDBOOK...

- Students were not placed on academic probation based on Spring 2020 grades, however, Fall 2020 Quarter 1 Arts Magnet classes will be reviewed for grades and participation.
- Find our 2020-2021 Handbook for important information: [Click Here for Handbook](#)

MUSIC, DRAMA, AND DANCE NOTES...

- Music Boosters Butter Braid Fundraiser
 - **October 22nd - November 5th. Delivery on November 9th so you have them for Thanksgiving and Christmas!**
- Combined League Honor Jazz Band
 - Congratulations to Marvin Tercero Perez and Casbah Parlin, who both made it into the Combined League Honor Jazz Band. This auditioned group will perform a concert on November 15th at Silver Creek High School.
- Winter Dance Concert / "How to Survive a Zombie Apocalypse" One Act
 - Our Arts Magnet Program will showcase their dancing & acting prowess in this evening of entertainment; 7pm (Auditorium); Tickets \$5 at the door.

THURSDAY PERFORMANCES 4TH HOUR: 12:15PM-1:30PM...



- **NOV. 4** **JAVA AND JAZZ REHEARSAL**
- **NOV. 18** **GCHS DANCE CONCERT**

** Check in with your 4th hour teacher before coming to auditorium.**

You must sign-in! Do not come to performance if you know you should be in your class!

HALLOWEEN STAFF PICTURES



Some of our staff took part in the Halloween fun by dressing up on October 29th. A great time had by all:



IMPORTANT DATES FOR 2021-2022 (Semester 1)

Please note some of the important dates coming up for the 2021-2022 for Semester 1 :

- **Nov 1 (Monday)** - Open Enrollment for 2022-2023 School Year Opens
 - [Click here for Open Enrollment link and information.](#)
- **Nov 3 (Wednesday)** - Parent Teacher Conferences 4pm-8pm (VIRTUAL)
- **Nov 13 (Saturday)** - Saturday School 8am-11am (GCHS Library)
- **Nov 15 (Monday)** - Winter Sports Begin (after school)
- **Nov 18-Nov 19 (Thursday & Friday)** - Winter Dance Concert / "How to Survive a Zombie Apocalypse" One Act; 7pm (Auditorium); Tickets \$5 at the door.
- **Nov 20 (Saturday)** - Saturday School 8am-11am (GCHS Library)
- **Nov 22-26 (Monday-Friday)** - **NO SCHOOL FOR STUDENTS OR STAFF: Thanksgiving Break**
- **Nov 27 (Saturday)** - Greeley Parade of Lights
- **Nov 29 (Monday)** - School Resumes for ALL students (normal Monday schedule: begin 9:00am)
- **Dec 4 (Saturday)** - Saturday School 8am-11am (GCHS Library)
- **Dec 11 (Saturday)** - Saturday School 8am-11am (GCHS Library)
- **Dec 13-Dec 16 (Monday-Thursday)** - Finals Week
- **Dec 16 (Thursday)** - Last Day for Students: End of Semester 1
- **Dec 16 (Thursday)** - Open Enrollment Window Ends
- **Dec 17 (Friday)** - Last Day for Teachers (Semester 1 Grades completed)

KEY CLUB

Key Club is doing a Canned Food-ATHON. Key Club students are collecting canned food items for the Weld County Food Bank. During this Food Drive they are also collecting pledges to raise money for UNICEF. They are asking for pledges, such as 5 cents per canned food item collected. Please, help Key Club Students support these TWO AMAZING organizations. For questions, please contact Mrs. Alexander (jalexander4@greeleyschools.org).



Key Club

VETERAN'S DAY...HAVE YOU THANKED A VETERAN?

Thursday, November 11th, 2021 is Veteran's Day.
From www.military.com:

"This holiday started as a day to reflect upon the heroism of those who died in our country's service and was originally called Armistice Day. It fell on Nov. 11 because that is the anniversary of the signing of the Armistice that ended World War I. However, in 1954, the holiday was changed to "Veterans Day" in order to account for all veterans in all wars.

When first celebrated as Armistice Day, the day marked the end of World War I, formally recognized on the "11th hour, of the 11th day, of the 11th month" in 1918."



We want to thank all of our veteran's for all of their sacrifices.



SATURDAY SCHOOL/AFTER SCHOOL TUTORING

Does your student need a little extra help with some classes? Does your student need to catch up on a class or two? There are plenty of opportunities to get that extra help. Not only do we have Seminar three days a week, we offer after school tutoring as well as Saturday school.

After school tutoring is held after school (go figure) Tuesdays through Fridays from 3:30pm to 4:45pm. Teachers keep a seating chart as well as attendance for those that take advantage of this opportunity. There are some days where we may need to cancel after school tutoring based upon teacher conflicts, meetings, or other events. We will make announcements to students over the intercom regarding any cancellations there may be.

Saturday school will be held from 8:00am to 11:00am in the GCHS Library and is open to anyone that needs help with their classes or are just needing a quiet place to study. This year, we will be keeping the doors open one hour longer (open until 12:00pm for Juniors and Seniors to catch up on some credits (although we won't kick Sophomores and Freshmen out if they really want to stay). Below are the remaining semester 1 dates we have setup:

- Saturday, November 13
- Saturday, November 20
- Saturday, December 4
- Saturday, December 11

The contact for After School Tutoring is Justin Davis (jdavis@greeleyschools.org).

The contact for Saturday School is Amy Bekins (abekins@greeleyschools.org).

ATTENDANCE GUIDELINES - AT LEAST 1 HOUR NOTICE

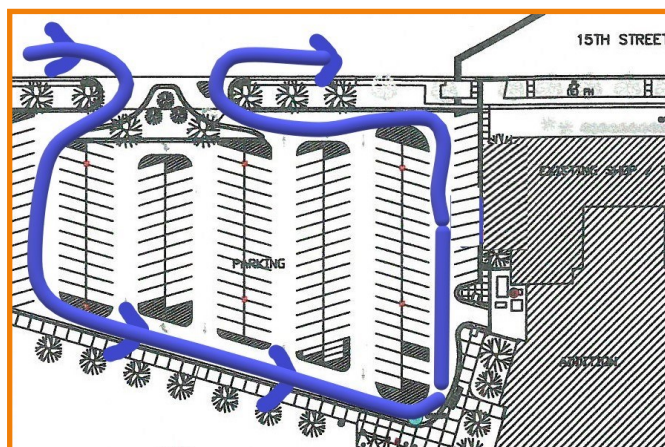
Please be aware that there are times when the office staff are short-staffed or we do not have staff or students available to send passes to your student when given no notice ahead of time. Most appointments scheduled for your student are setup by you, the parent/guardian, long before the time of the appointment. Please don't wait until the last minute to call in for your student to be released from school.

Your student may be taking an exam in a different classroom than normally scheduled, be in a P.E. class that is on a run around the school or on our practice field, or may be in a meeting with a counselor, administrator or other staff member. Locating your student in short notice is sometimes impossible to do.

This school year we have seen an overwhelming amount of phone calls for not only attendance issues but early releases for students at the last minute. We ask for your patience as we try to handle your phone calls throughout the day. If your appointment or early release is in the afternoon, please call in the morning so we can prepare a pass for your student and allow us to track down your student throughout the day.

We understand there are emergencies that do occur and we do our best to accommodate for these situations. School ends at 3:30pm EACH DAY so releases AFTER 3:00pm may not be possible. PLEASE PLAN AHEAD!

Also, please use the **WEST STUDENT PARKING LOT** (see map above) to pick up and drop off your student(s). Thank you!



STUDENT SCHEDULES AND INFINITE CAMPUS PORTAL

Students should check their schedules on Infinite Campus as this will be the most accurate and up to date schedule available. There is an Infinite Campus mobile app for both students and parents. Instructions will be given out during our fall registration, on our website and also this newsletter (see flyers). You can also obtain the instructions and guide on the District website (www.greeleyschools.org) under the Families

menu/Infinite Campus - Parent (or Student) (or click these links - [English](#) / [Spanish](#)).

The apps are easily identified by a capital "S" for the student portal or a capital "P" for the parent portal.

Students will login using their school username and their student number (lunch number) as their password. If a student does not know their login information, please see someone in the main office.

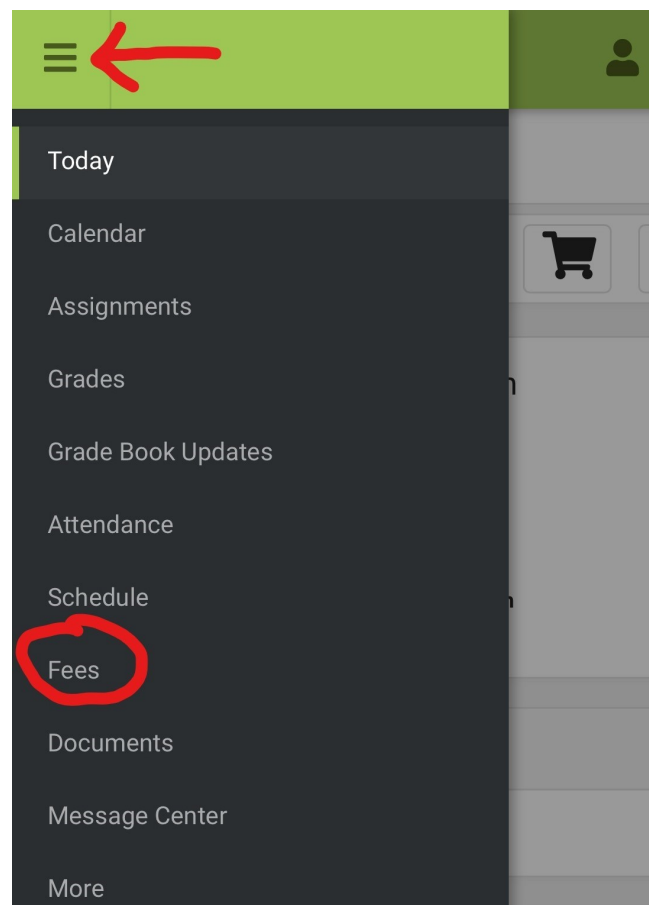
Parents who have accessed the parent portal last school year (at a District 6 school) should use the same username as before. This username would have ended with an **_PG** (underscore PG). If you cannot get logged in please call the Main Office at (970) 348-5000 for a password reset.



CHECKING FOR STUDENT FEES

As we get closer to the end of the school year, please start checking to see if your student may still owe any school fees. Although there may be items your student still has checked out (i.e., current season's uniform, current class's textbook, current Library book, etc.), there may be some items that have been posted to your student's fees from a previous quarter or a previous school year. Please check Infinite Campus (either through the Student portal or the Parent portal) to view these outstanding items. To view these items, once logged in to Infinite Campus:

- At the top left of the screen, click the menu icon (see the left red arrow in the picture to the right).
- Click the menu item labeled **"Fees"** (see the red circle in the picture to the right).
 - The default shows all **"Unpaid"** fees. If your student currently has fees due they will show up here.
 - To see what fees have been paid during this school year you can change the **"Type"** at the top right to **"Paid"**. To view all fees incurred (paid & unpaid) for this school year, change the **"Type"** at the top right to **"All"**.
- To pay outstanding fees, please utilize the **District 6 Web Store**, which can be located under the main picture of our school website: <https://www.GreeleySchools.org/GreeleyCentral>



COLLEGE CENTER INFO

College Center Staff Contacts:

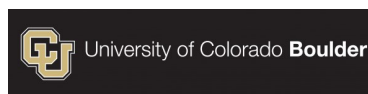
- Kendra Villarreal (MTSS Counselor)
 - kvillarreal@greeleyschools.org
- Alma Rivera (Zero Dropouts Advisor)
 - arivera27@greeleyschools.org
- Kendra Aragon (Dream Team Advisor)
 - karagon4@greeleyschools.org

The GCHS College Center is located in Room 211.

Seniors

Still have requirements to check off your College Checklist after school ends?

- Alma Rivera from Zero Dropouts will be available to answer questions and review forms. Please reach out if you have any questions via email - arivera27@greeleyschools.org or sign up for a time on Calendly - <https://calendly.com/seniorsupport2020/summer-college-assistance>.



COUNSELING CORNER

Your counselors are available to you by making an appointment on Central's Counseling page. If you need more immediate assistance here are some resources:

National Suicide Hotline

- 1-800-273-TALK (8255)
- Text: "TALK" to 38255

North Range Behavioral Health Crisis Line:

- 970-347-2120

North Range Behavioral Health Crisis Center:

- 928 12th Street, Greeley, Co
- Open 24/7/365

GCHS Counselors

Kendra Villarreal: **MTSS Counselor**

kvillarreal@greeleyschools.org

Sara Dillon: **Seniors (12th grade)**

sdillon3@greeleyschools.org

Josh Rahn: **Juniors (11th grade)**

jrahn@greeleyschools.org

Claudia Koesler: **Sophomores (10th grade)**

ckoesler@greeleyschools.org

Pamela Hernandez: **Freshmen (9th grade)**

phernandez9@greeleyschools.org

NOTE UPDATED GRADUATION REQUIREMENTS (CLICK HERE)

October was College Application Month, and over 130 seniors participated in Colorado's Free Application Day!

Seniors should have started their college and FAFSA (Free Application for Federal Student Aid) applications! All students wanting any kind of financial assistance, including scholarships should complete the FAFSA, even if you will not qualify for federal grants. Complete the FSA ID for both the student and a parent at fsaid.ed.gov (This is the secure signature for FAFSA). Complete the FAFSA at student aid.gov.

November 4th is our FAFSA help night from 4-6:30 PM in the GCHS Library. Financial Aid representatives will be here to help. Bring your 2020 tax forms to complete the process on this night. If you have special circumstances that you think might affect your application, we have help for that too!

Available scholarships can be found on the Central webpage under the Counseling tab. Don't procrastinate and start your college and scholarship applications NOW.



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AN UPDATE FROM THE ACTIVITIES DIRECTOR'S DESK

Hello Wildcat Athletes, musicians, thespians & Families,

The fall athletics season has come to an end. As we gear up for winter sports, I challenge you to attend the play as our students put on amazing performances. If you missed the band, choir and orchestra concerts, I hope you make it out to their winter productions. We had some bright spots in the fall season and I look forward to supporting and watching our winter teams compete and our winter activities perform. Just a reminder to get those registrations in before November 15th and make sure your physicals are current.

With the uncertainty of COVID for the wintertime, we will continue to update you with any new D6 guidelines and protocols around activities and COVID.

Go Cats,

Sean Scribbick, AD/AP, Greeley Central High School

sscribbick@greeleyschools.org (970) 348-5012

SPORTS REGISTRATION

Registration for Winter Athletics has been open since October 18th. **Winter sports begin tryouts and practices on Monday, November 15th after school.** If your student does not have a current physical turned in to our Athletics Department, please schedule a physical ASAP. Students must have insurance and a current physical to participate AND tryout in sports. The registration link and materials for sports can be found on our school website under the athletics menu. We also have this link posted on our school's homepage under the "**Sports Registration**" headline. Please check the school's athletic page for schedule updates and scores:

<https://greeleycentralhsco.rschooteams.com/>

Sports Pass (students) \$40: Allows admission to ALL GCHS HOME games WITH student ID - NO tournaments (still available).

Family All-Season Sports Pass \$80: Punch card for 20 games (1 punch = 1 GCHS HOME GAME admission) - NO tournaments.

FREE & REDUCED LUNCHES

Parents & guardians should remember that even though ALL students will not have to pay for breakfast or lunch this school year (all students eat for free), your student may also qualify to have their sports participation fees or AP Testing fees waived. **BUT IF YOU DO NOT SUBMIT THE FREE AND REDUCED LUNCH APPLICATION**, your student will be responsible for the full payment of these fees.

Weld County School District 6 suggests that you complete the Free and Reduced Lunch application for your family. If you qualify, you will receive a letter via email stating your application status. Once you provide a copy of this letter to the GCHS Finance Office (Nancy Kern), your student(s) will be exempt from athletic participation fees (\$75 per student per sport) and a reduced AP Testing Fee (typically reduced to \$15 per test instead of \$94 per test).

If this letter is NOT provided, you will be responsible for the full fee amounts.

[CLICK HERE FOR THE ONLINE APPLICATION.](#)

****Use District Name: Greeley-Evans Weld County School District 6 (Colorado)**



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FORENSICS SPEECH, DEBATE & ACTING TEAM

Would you like to be involved with our **Forensics Speech, Debate & Acting Team**?

Compete at the local, state and national levels in **speaking, debating and/or acting** events.

Join Schoology: FHXT-GRZD-NMMRJ and the Remind App: text @4n6gchs to 81010 to get ready for competition that begins in October. It is NOT too late to join.

Speak with Coach Frenchie (room 307 - sfrench@greeleyschools.org) or Coach Ward (room 309 - kward4@greeleyschools.org)

Practices/Meetings

- **ROOM 307 DURING SEMINAR ON THURSDAYS**

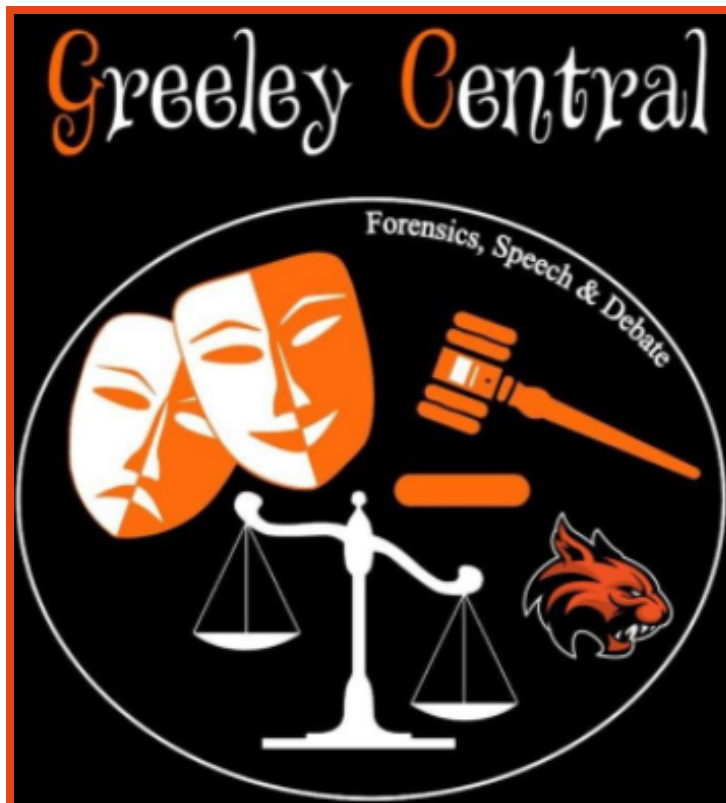
GREAT for scholarships & college + help you in all of your classes with reading, writing, discourse, critical thinking, speaking, arguing, acting, and confidence.

You can earn a varsity letter, quality for the State and National Championships, meet new people, win trophies, and make lifelong friends.



If you want to be a lawyer, teacher, politician, activities, actor/actress, community leader, business owner, etc., this is the team for you!

Make your voice be heard!

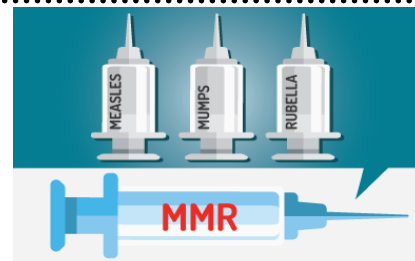


IMMUNIZATION INFORMATION MMR

(Measles, Mumps, Rubella)

The Colorado legislature passed a bill (SB 20-163) which requires schools to share our MMR rates with parents. Click the links below to view these:

- [Click here for the Parent Letter in English](#)
- [Haga clic aquí para ver la carta para padres en español](#)
- [Click here for MMR Rates for Weld County School District 6 \(2019-20\)](#)



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EVERYTHING YEARBOOK (SPUD)

The 2021-2022 yearbook is on sale. Buy early for the LOWEST price of the year.

Order your yearbook online:

- <http://jostensyearbooks.com/?REF=A00946900>

SENIOR BABY ADS

Parents/Guardians: Honor your Senior with a **BABY AD!**

Purchase a recognition ad in the 2022 yearbook for your grad and honor all of their hard work.

Early Bird Pricing ends October 29th.

The **FINAL DEADLINE** for a Baby Ad is November 16th!

Order Baby Ad online:

- <http://www.theyearbookcompany.com/>

SENIOR PHOTOS 2022

If you missed the November 5th deadline, you will need to contact Mrs. McGlaughlin (yearbook advisor) at jmcglaughlin1@greeleyschools.org.

The link to upload your images (if still available) is below:

- <https://images.jostens.com/416203996>

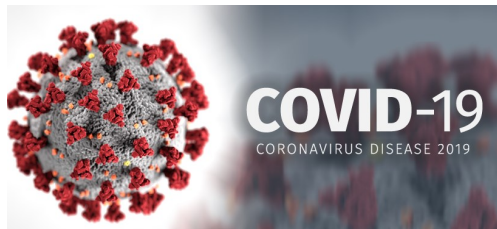
Please rename the file of your uploaded photograph to include YOUR student name.

Only high-resolution images in a VERTICLE format will be used.

SENIOR PHOTOS WERE DUE NOVEMBER 5TH!!!

SYMPTOMS OF COVID-19

- Loss of sense of taste or smell for any period of time
- Fever (over 100°F), chills or feeling feverish
- New and unexplained persistent cough
- Shortness of breath or difficulty breathing
- Sore throat
- Runny nose or congestion
- Muscle/body aches
- Headache
- Fatigue
- Nausea, vomiting
- Diarrhea



FROM THE HEALTH OFFICE

Meet your School Registered Nurse and Health Clerk. Welcome to the Health Office!

- Your School Health Clerk is **Tina Alvarez** and your Registered Nurse is **Caryn Ishmael**. The Health Office phone number is 970.348.5026.
- Your health clerk is at school daily between 8:00 am and 4:00 pm. They are responsible for entering immunization and hearing/vision screening data, providing first aid and comfort care for students as well as administering medications and procedures to students once trained and delegated by the School Registered Nurse.
- The School Registered Nurse is responsible for training staff on care of students with health or medical concerns, writing health care plans for students with health needs, and obtaining health histories for students with IEPs. The RN is available during school



FROM THE HEALTH OFFICE (continued)

hours for consultation on student health concerns by health clerks and school staff. The School RN also participates on Special Education, Wellness, Mental Health and Crisis teams, and may assist teachers with health related topic education.

- Health is an important part of every student's education. We are here to support your child's health care needs and help them stay healthy, safe, and present in school so that they are ready to learn!
- If your student has a health concern, your student is ill, or if you need resources for health care providers, the Health Office team can help! Give us a call!

From the Health Office: Medication at school
"If you have meds, see the RN!"

- Please help us keep all students safe by keeping ALL medications at home or in the health office if medications need to be taken at school.
- All prescription AND over the counter medications taken at school (including cold medicine, cough drops, eye drops, allergy medication, pain medication, ointments, pills, syrups, inhalers, creams, medications of any kind):
- **MUST** have signed (within last 1 year) orders from primary care provider and parent as well as a Health Care Plan for medication use from the School Registered Nurse (Caryn Ishmael).
- Meds **MUST** be kept in the health office for student use unless parent, student and school RN have discussed permission for student to self-carry.
- If parent/student prefers "self-carry" of medication, a self-carry contract **MUST** be completed. We suggest having a "back-up" medication in the health office as well.
- Medication **MUST** be kept in the health office for student use unless a self-carry contract has been completed. These medications can be dangerous if shared with classmates.
- If you need forms for provider signatures, contact your school health clerk at 970.348.5026.

- Thank you for your help in keeping our school healthy and safe for all students!

Continue to practice recommended guidelines to prevent the spread of COVID-19:

Wear a mask when around any person outside of your immediate household. Wear a mask both indoors and outdoors. Anyone 11 years of age and older is mandated to wear a mask in public places; anyone between the ages of 3 and 11 years are strongly advised to wear a mask. Wash your hands frequently with soap and water for a minimum of 20 seconds scrubbing all surfaces. Cover coughs and sneezes with a tissue, then throw the tissue in the trash, or use your inner elbow or sleeve

- Avoid touching your eyes, nose and mouth with unwashed hands
- Stay home if you are sick. Please!
- Get a flu shot! Everyone in the household should be vaccinated against influenza. It is not too late! Flu shots are available through your healthcare provider and at numerous pharmacies throughout the community.
- Clean high touch surfaces in your home and personal items such as cell phones using regular household products
- Practice social distancing, staying at least 6 feet away from others
- Socialize only with those in your household; if you must attend a gathering, limit the number of people to 10 and only from two households.

DO NOT SEND YOUR STUDENT TO SCHOOL

IF your student is ill or has any COVID symptoms, if **ANYONE** in your household has COVID or have been exposed to someone with COVID, or if **ANYONE** in your household is waiting for a COVID test result. **YOU MUST** wait until a **NEGATIVE** result has been given and you should provide the school with that test result.

Please contact our school nurse, Caryn Ishmael with any questions at (970) 348-5027.



Pride - Class - Dignity



HELP KEEP YOURSELF AND OTHERS HEALTHY

[CDC.GOV/CORONAVIRUS](https://www.cdc.gov/coronavirus)

[CDC.GOV/CORONAVIRUS-ES](https://www.cdc.gov/coronavirus-es)

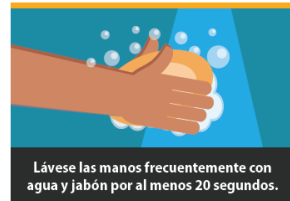
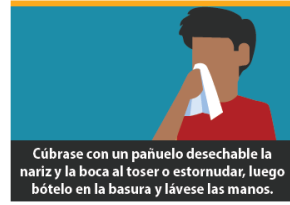
Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.



Detenga la propagación de gérmenes

Ayude a prevenir la transmisión de enfermedades respiratorias como el COVID-19.



HELP KEEP ATHLETES SAFE *from* CONCUSSIONS AND OTHER SERIOUS BRAIN INJURIES



Remind your athletes to tell coaching staff right away if they think they have a concussion or that a teammate has a concussion.



Make sure that athletes follow the rules for safety and the rules of the sport.



Encourage athletes to practice good sportsmanship at all times.



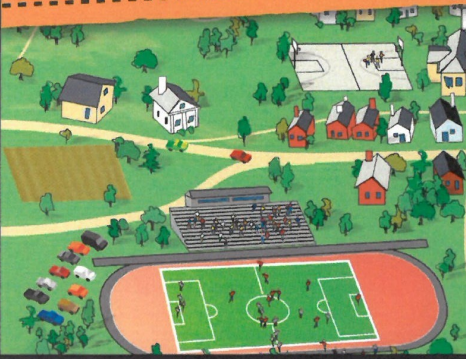
Keep the Heads Up Action Plan at all games and practices.



U.S. Department of
Health and Human Services
Centers for Disease
Control and Prevention

LEARN more AT:

www.cdc.gov/Concussion



HEADS UP
CONCUSSION

CONCUSSION in SPORTS

STATISTICS

**In 2009,
NEARLY 250,000
KIDS AND TEENS**

were treated in emergency departments for sports and recreation-related TBI, including concussion.

**WHEN IN DOUBT,
>> SIT THEM OUT!**

WHEN APPROPRIATE MAKE SURE AN ATHLETE USES THE CORRECT HELMET FOR THEIR ACTIVITY.



Wearing a helmet can help protect athletes from serious brain or head injuries.

THERE IS NO "CONCUSSION-PROOF" HELMET.

LEARN CONCUSSION SIGNS SYMPTOMS



- ☐ Headache
- ☐ Dizziness
- ☐ Blurred Vision
- ☐ Difficulty Thinking Clearly
- ☐ Sensitivity to Noise & Light

SEE FULL LIST OF SYMPTOMS @

www.cdc.gov/Concussion



YOU THINK

AN ATHLETE HAS A CONCUSSION

USE THE HEADS UP ACTION PLAN

1

Remove the athlete from play.

2

Keep the athlete out of play the day of the injury.

3

An athlete should only return to play with permission from an appropriate health care professional.

SEMESTER 2 BELL SCHEDULE

As Mr. Smith stated in his "Message From Our Principal" on page one of this newsletter, a copy of Greeley Central's second semester bell schedule is posted below. We will use this starting in January. [CLICK HERE TO DOWNLOAD A COPY OF THIS SCHEDULE.](#)

Monday	
No Block 0 Today	
Block 1	9:00-9:45
Block 2	9:50-10:35
Block 3	10:40-11:25
Block 4	11:30-12:15
Lunch	12:15-1:00
Block 5	1:00-1:50*
Block 6	1:55-2:40
Block 7	2:45-3:30
*5 minutes added to Block 5 for announcements	

Wildcat Day**	
Block 0	7:00-7:50
Block 1	8:00-8:55
Block 2	9:00-9:55
Block 3	10:00-10:55
Block 4	11:00-11:55
Lunch	11:55-12:30
Block 5	12:35-1:30
Block 6	1:35-2:30
Block 7	2:35-3:30
**This schedule would be used on Thursday when we miss a Friday Black Day in order for each class to meet an equal number of times during the week.	

Tuesday/Thursday Orange Day	
Block 0	7:00-7:50
Block 2	8:00-9:35
Block 4	9:45-11:20
Lunch	11:20-12:05
Block 6	12:10-1:45
Seminar	1:55-3:30

Wednesday/Friday Black Day	
Block 0	7:00-7:50
Block 1	8:00-9:35
Block 3	9:45-11:20
Lunch	11:20-12:05
Block 5	12:10-1:45
Block 7	1:55-3:30

FREE RESOURCES FOR FAMILIES

[I-Matter](#) connects kids to free mental health sessions.

- [Chalkbeat](#) article.
- Anyone between 12 and 18 can go to the I Matter state website to take a short survey to assess their needs. If the results show they need help, the site will connect them to a provider for a 45-minute appointment in the next two weeks. One of the early questions asks if the young person is in crisis and directs those who answer yes to a crisis line and a more rapid response.
- Children under 12 can also use the service but need a parent to do so, and young adults who are receiving special education services can access the free help up to age 21.

[Colorado Educator Support](#) released by CU. ALL SERVICES ARE FREE TO COLORADO EDUCATORS.

- **Well-being support line** for confidential venting, validation, problem solving, and resources. Call or text 303-724-2500. Hours: M-F 9-7, Sat 9-11am, Sun 4-6pm.
- **An Online Support Program** to learn more about stress, trauma, depression, wellness. We offer skills, strategies, and resources for both you and your students. As you view the lessons, you have access to live, real-time coaching from our Crisis Counselors. They will answer questions about the lessons and help you to develop your own resilience and recovery plan. Click here to register for access to this program. Professional Development and Graduate Credits available for participation in this program.
- **Individual and Group support services.** We offer 5 individual support sessions with follow-up as needed, psycho-educational groups, school-based workshops, and mutual-aid support groups. For individual support sessions, call or text 303-724-2500 for more information. Click here for the monthly group schedule. All group participants are eligible for professional development credits. All support services are confidential.
- **School Based Professional Development or Training.** We are also happy to present to your faculty, teams, or work groups on key mental health topics, either in person or via Zoom. Some topic ideas may include: anxiety, depression, burnout, resilience, mental health strategies for the classroom, stress management, or grief and loss. We are also happy to design a workshop based on your needs. If you are interested in having a professional development workshop on one of these topics, please e-mail coloradoeducatorsupport@cuanschutz.edu for more information or scheduling options.
- **Ask-a-therapist line.** Need help supporting the mental health needs of your students? Wondering about mental health interventions you can use in your classroom? You can speak directly with one of the members of our child/adolescent team who can help you navigate behaviors in your classroom and recommend resources for your students. Call 303-724-2500 and let them know you would like to speak to a child therapist for help with a student.



Pride - Class - Dignity

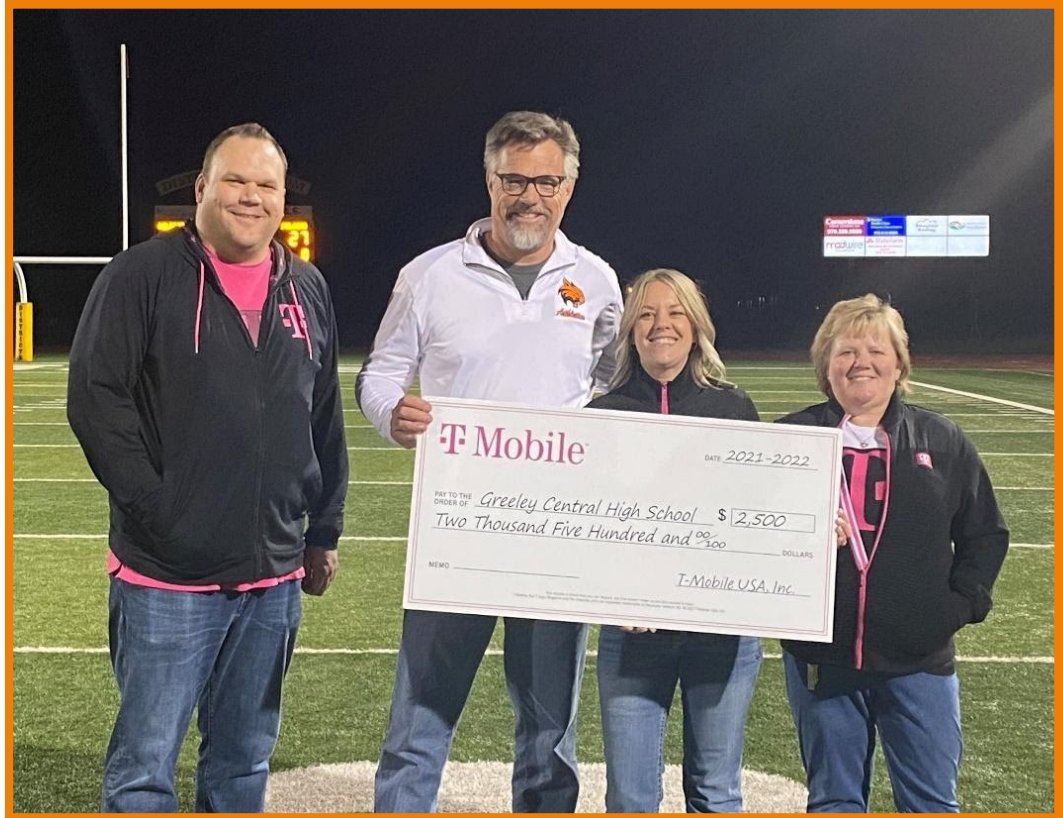


THANK YOU TO T-MOBILE!!

A special thank you to T-Mobile for their support of Greeley Central Athletics.

We received a generous donation of \$2,500 at our last home football game to help support our programs.

We appreciate the opportunity to partner with T-Mobile and please visit your local T-Mobile store for your wireless needs.



A BIG SHOUT OUT!!

Big "shout outs" go out to a few of our local businesses for their support given to Greeley Central High School:

- Zoe's Cafe and The Belair
- 2m Printing
- Scheels
- BSN
- Award Alliance
- City of Greeley Parks & Rec
- Garretson's Sport Center
- Jimmy Johns
- Nutrien Ag Solutions
- Village Inn
- R & JR Creative Machining
- The Zone
- Don Oscar's Barbershop
- El Pueblito
- Dickey's BBQ
- Mom's Popcorn
- A Clean Sweep
- Pro Glass & Paint
- Baskin Robbins
- Switched in Stones
- Maine Street Promotions
- NorCo Roofing
- Sora Realty Group (Ray Rivas)
- Wing Shack
- Signs First
- Welch Eye Center
- McCreery & Sun
- OCR (Orthopaedic & Spine Center of the Rockies)
- McCormick Heating & Cooling
- Team Paz Mortgage Professionals, LLC
- AllCo Inspection Services
- HD Roofing, LLC
- Jireh 7 Enterprises
- AJ's Backflow Testing, LLC
- NoCo Nosh
- Reck Flyers
- Gateway Mortgage Group
- Johnson Cabinetry & Refacing
- Reynolds Oral & Facial Surgery
- Tutoring Club